

# Whole Body Health & Preparedness

A SPECIAL HEALTH REPORT PROVIDED FREE FOR READERS OF AMERICAN FREE PRESS • REPORT #6 FOR 2012

## Raw Milk Producer Wins Critical Victory

By Mark Anderson

The growing movement for localized food production and distribution, which side-steps our wondrous global “free trade” system, makes “the powers that ought not to be”—including corporate farm interests that collude with lawmakers—rather jittery. Consider the case of raw-milk farmers Armand and Teddi Bechard, who managed to win a battle they did not choose with Missouri officials.

The Bechard family’s 117-acre farm in southwest Missouri includes 90 acres of grassland for feeding their Jersey cows. They often sell their raw milk and cream at an area parking lot. In so doing, however, the Bechards unwittingly collided with city and state regulations. A police sting operation was set up by local and state authorities, and soon their ordeal began.

The city of Springfield claimed the Bechards were operating a “food establishment” and that only “Grade A” milk could be sold at such an establishment. But since the raw milk was not graded as such, “I was in violation of the law,” Armand told a St. Louis audience in May.

Concerning the state level, the Bechards were not supposed to sell their milk to anyone who “walks up” to them, who had not made previous arrangements to purchase raw milk or cream.

While other legal details could be cited, the result is that after a three-year legal battle that took a heavy toll on the Bechards and their seven children, they can now deliver their raw milk as freely as any sane person could expect.

Farm to Consumer Legal Defense Fund (FTCLDF) general counsel Gary Cox is well versed on how to stand up for farming rights and general property rights. Cox gave a detailed address at an Ohio organic farming conference in December covered by this AFP writer.

He summarized the Bechard family’s case:



**A Missouri court has ruled that Armand and Teddi Bechard can sell their raw milk to anyone who has arranged in advance to purchase it.**

On July 31, Armand and Teddi Bechard entered into a settlement agreement with the Missouri State Milk Board over allegations that the Bechards illegally sold raw milk at a parking lot. The consent judgment, signed by Judge Michael J. Cordonnier, enjoins the Bechards from selling milk to “strangers” who have not previously arranged for . . . the purchase of raw milk from the Bechards.

However, the Bechards are free to sell raw milk to anyone they want—and after the sale has been arranged—[they] can deliver the raw milk anywhere they want. In fact, the Bechards are allowed to deliver the raw milk to the customer’s home, to a central distribution point like a parking lot in a shopping center or to the customer [visiting] the Bechards’ own farm.

In entering into the consent judgment, the Bechards did not make any admissions to any of the State Milk Board’s claims or allegations.

See MISSOURI DECISION, page B-6

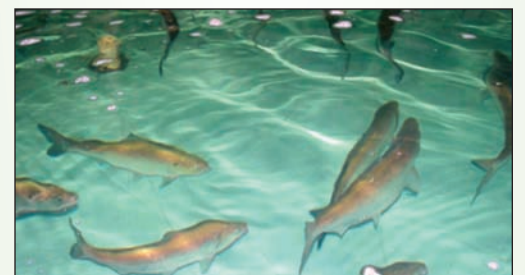
### INNOVATIVE NATURAL SOLUTIONS

## Revolutionary Fish Hatchery Reduces Toxins

Ontario man pioneers new way of raising healthier fish while conserving water, lessening pollution in waterways

By Mark Anderson

An Ontario resident has created a revolutionary fish hatchery technology that can, among other things, produce healthy fish for people to eat while conserving water and reducing pollution that is typically dumped into waterways in more traditional methods. Despite using one-tenth of the groundwater as is used by government hatcheries, John Devine’s system has long been ignored and suppressed by



those in big corporate media and government, much to the detriment of human health, the food supply and the economy.

At a time when droughts have been particularly severe, typical “open” (water in, water out), traditional fish hatcheries extract a whopping 2,000 gallons of water per minute from aquifers.

“Hatcheries need clean water; you cannot use surface water,” said Devine. This is largely due to the fact that surface water is contaminated with manmade or naturally occurring pollutants.

See FISH FARMER, page B-6

Should we cut grains out of our diet? Pages B-4 to B-5.



# Portable Electronic Units Relieve Pain Without Drugs

By Christopher J. Petherick

**D**o you find yourself regularly reaching for aspirin or Tylenol due to stiffness in your joints or chronic body pain? There could be a way to treat yourself that doesn't involve pharmaceuticals, which can be expensive and hard on your stomach and liver.

Transcutaneous electrical nerve stimulation, or TENS, units are a safe and effective way to relieve pain without all of the side effects that come with taking drugs.

For decades, chiropractors have sworn by TENS units to help alleviate chronic pain. Even the Food and Drug Administration in the past few years has been forced to concede that there are benefits to TENS units.

What are TENS machines? Basically, TENS units apply electric stimulation to key parts of the body in order to stimulate nerve endings. The electrical stimulation has a numbing effect on nerves, effectively shutting down the neurons that send pain signals from around the body.

To some people, electrical stimulation sounds

scary. But the truth is this has been used to varying degrees for centuries.

According to online encyclopedia Wikipedia, "Electrical stimulation for pain control was used in ancient Greece [as early as] 63 A.D. It was reported by Scribonius Largus that pain was relieved by standing on an electrical fish at the seashore. In the 16th through the 18th century various electrostatic devices were used for headache

and other pains. Ben Franklin was a proponent of this method for pain relief. In the early 20th century a device called the Electreat . . . was used for pain control."

It wasn't until the 1970s, though, when portable TENS units were first developed, that

their use became popular for treating incurable chronic and degenerative illnesses in specialized clinics. The company Medtronic, founded by Don Maurer, Ed Schuck and Dr. Charles Ray, was the first to develop a portable TENS unit, which could be used for treating debilitating ailments like epilepsy, Parkinson's disease and other disorders.

Today, modern technology has reduced the

“American inventor Benjamin Franklin advocated the use of electro-stimulation.”



Show is just one of many models of electro-stimulation units being sold on the market today.

size and expense of TENS units. Small, FDA-approved units can now be purchased for as little as \$22 from major retailers. Handheld devices can be used effectively over and over again, and now, with the introduction of lithium batteries, they can be easily recharged.

A TENS unit works by applying small sticky pads, which are connected to the unit by wires, to key points of the body. When activated, the unit sends short bursts of electrical charges into the body. Devices can be programmed to feel like anything from light tapping to a massage to even the sensation of needles pricking the skin. The level of electrical stimulation can be set to suit the user's comfort.

Though the FDA has not approved TENS units for anything but pain relief, some people use the devices to stimulate their immune systems in order to help fend off colds and the flu.

But the best part of TENS units is that people can reduce their use of over-the-counter drugs.

TENS units are generally considered as safe, and there are no known side effects. Obviously, anyone suffering from a chronic or serious illness should consult with his doctor before using any treatment. Other standard disclaimers apply.

TENS units are available for sale in most health food stores and on the Internet. If you have trouble finding a TENS unit, contact this writer at P.O. Box 638, Cheltenham, Md. 20623 for information on how you can order one for your personal use at home. ♥

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# Chicago Doctor Invents Affordable Hearing Aid Outperforms Many Higher Priced Hearing Aids

Reported by J. Page

**CHICAGO:** A local board-certified Ear, Nose, Throat (ENT) physician, Dr. S. Cherukuri, has just shaken up the hearing aid industry with the invention of a medical-grade, affordable hearing aid. **This revolutionary hearing aid is designed to help millions of people with hearing loss who cannot afford—or do not wish to pay—the much higher cost of traditional hearing aids.**

**“Perhaps the best quality-to-price ratio in the hearing aid industry” – Dr. Babu, M.D., Board Certified ENT Physician**

Dr. Cherukuri knew that untreated hearing loss could lead to depression, social isolation, anxiety, and symptoms consistent with Alzheimer’s dementia. **He could not understand why the cost for hearing aids was so high when the prices on so many consumer electronics like TVs, DVD players, cell phones and digital cameras had fallen.**

Since Medicare and most private insurance do not cover the costs of hearing aids, which traditionally run between \$2000-\$6000 for a pair, many of the doctor’s patients could not afford the expense. Dr. Cherukuri’s goal was to find a reasonable solution that would help with the most common types of hearing loss at an affordable price, not unlike the **“one-size-fits-most” reading glasses** available at drug stores.

He evaluated numerous hearing devices and sound amplifiers, including those seen on television. Without fail, almost all of these were found to amplify bass/low frequencies (below 1000 Hz) and not useful in amplifying the frequencies related to the human voice.

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## Inspiration from a surprising source

The doctor’s inspiration to defeat the powers-that-be that kept inexpensive hearing aids out of the hands of the public actually came from a new cell phone he had just purchased. **“I felt that if someone could devise an affordable device like an iPhone® for about \$200 that could do all sorts of things, I could create a hearing aid at a similar price.”**

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The high cost of hearing aids is a result of layers of middlemen and expensive unnecessary features. Dr. Cherukuri concluded that it would be possible to develop a medical grade hearing aid without sacrificing the quality of components. The result is the MDHearingAid PRO®, starting well under \$200. **It has been declared to be the best low-cost hearing aid that amplifies the range of sounds associated with the human voice without overly amplifying background noise.**

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*“We ordered two hearing aids for my mother on Sunday, and the following Wednesday they were in our mailbox! Unbelievable! Now for the best part—they work so great, my mother says she hasn’t heard so good for many years, even with her \$2,000 digital! It was so great to see the joy on her face. She is 90 years young again.”* — Al Peterson

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# Banishing Cereal Grains

By Eric Hunter

Government guidelines and advice from medical doctors can lead people to believe that cereal grains are the foundation of a healthy diet. The food pyramid, now renamed the food plate, dictates that people should eat several servings of whole grains each day to provide an adequate supply of vitamins, minerals and fiber. This advice is given despite the fact that humans are poorly adapted to the consumption of grains and that the scientific literature shows that grain consumption is linked to several health problems.

Grains have only been a significant part of the human diet for about 10,000 years, which is a very small period of time in the context of evolution. Just because humans can tolerate grains to a certain degree doesn't mean that we are well adapted to consume grains or that we can achieve optimal health on a grain-based diet.

“Just because humans can tolerate grains, doesn't mean they are great for health.”

Carbohydrates are eventually converted into a simple form of sugar, glucose, after they are consumed. Insulin is secreted and allows glucose to be transported into various cells throughout the body. Glucose in turn is stored in a more complex molecule called glycogen. But individuals who aren't very physically active don't have the need to continually refill their muscle and liver cells with glycogen, and these cells often start to become insulin-resistant especially on a grain-based diet.

Regular consumption of high-density carbohydrates is not only linked to insulin resistance and obesity, but also leptin resistance, altered gut flora and inflammation.

Leptin is a key hormone, involved in hunger and metabolism. Diets high in carbohydrate-rich foods (like grains) can lead to leptin resistance, which can cause obesity and poor health.

Individual grain “seeds” or technically caryopses, are the reproductive material of the plant, baby plants of wheat, barley or whatever. Cereal



grains have evolved anti-nutrients—toxins—that potentially disrupt normal gut physiology when they are consumed over time. Only certain anti-nutrients are problematic in humans, and they seem to operate in a dose-dependent manner.

Regular consumption of anti-nutrients in grains may lead to poor mineral absorption, autoimmune disease, “leaky gut” syndrome and low-level chronic inflammation. More studies on human subjects are needed to fully understand the detrimental effects of lectins on human health.

Studies and anecdotal reports indicate that intolerance to gluten from grains like wheat is much more common than previously thought. Many asymptomatic individuals react to gluten with some type of inflammatory response.

While fruits and vegetables contain heart-healthy, soluble fiber that promotes good gut flora, cereal grains are high in insoluble fiber that shouldn't be eaten in excess. More insoluble fiber is often recommended for healthy digestion, despite the fact that healthy gut bacteria are the key to relieving constipation.

Cereal grains have several dietary shortcomings, and a grain-based diet can disrupt adequate nutritional balance. Cereal grains are poor sources of fiber, minerals, vitamins and protein compared to animal products, fruits and vegetables. They contain no vitamin A, vitamin C or vitamin B12, and little calcium or sodium. In addition, several animal studies have shown that grain consumption can induce vitamin D deficiencies and alter the metabolism of several minerals. Cereal grains only supply some of the essential amino acids, very few essential fatty acids and are also characterized by a high omega-6 to omega-3 ratio.

Some traditional cultures have been known to consume grains on a regular basis and still maintain excellent health. However, these populations have usually used soaking, sprouting and/or fermentation to make the grains easier to digest. These preparation methods remove or deactivate some of the anti-nutrients found in grains. ♥

Eric Hunter is the editor of OrganicFitness.com and a writer for TheGutDiet.com. He's an independent writer and a personal trainer with a strong interest in personal health and the power of nature to help us heal.

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# Wheat, Grains Not as Healthy as Many Think

By John Tiffany

Despite being a mainstay of the American diet, cereal grains contain many anti-nutrients such as gluten, alkylresorcinols, alpha-amylase inhibitors, protease inhibitors and lectins that can be trouble for many people, especially the elderly. Another problem with grains is their dietary imbalances in regard to vitamins A, C and beta-carotene, B vitamins, minerals, essential fatty acids, prolamins and amino acids. For some people, cereal grain consumption can even result in autoimmunity, molecular mimicry and psychological and neurological illnesses.

Gluten is perhaps the most problematical component of certain grains. It is found in wheat, barley, rye, and the lesser known kamut, spelt and triticale. Oats do not have gluten but do have a related substance, avenin. Most other caryopses of the grass family have related substances, which may cause similar problems.

Rice, corn, millet and teff all have grassy anti-nutrients, and there are toxins of different sorts in the quasi-grains, such as buckwheat, quinoa and amaranth, and indeed in most plant seeds, such as the much-touted flax and chia, and the numerous varieties of pulse: beans, peas, and even peanuts. Wheat also contains a dangerous substance called wheat germ agglutinin, which can cause heart attack for some.

Wheat products, not just gluten (along with sugar in all its forms), constitute a major contributor to obesity, diabetes, heart disease, cancer, dementia, depression and many other diseases, especially "modern ills." Thanks mainly to wheat, there are now 30 percent more obese than undernourished people in the world. It is not just bread and pasta: Wheat lies hidden in everything from soups to vodka, lipstick and other cosmetics.

Modern "dwarf" wheat is worse than traditional wheats such as einkorn (and other grains); it contains a "super starch," amylopectin A, that is very fattening. It also contains a "super gluten" that is inflammatory. It even contains a "super drug" that is highly addictive, making you crave more. Being polyploid, modern wheat contains more proteins than einkorn; which might sound like a good thing, but it means there are even more proteins to which you might be allergic. ♥

John Tiffany is the copy editor for American Free Press. He holds a bachelor of science degree in biology from the University of Michigan. He is also the assistant editor for THE BARNES REVIEW in Washington, D.C.

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# Fish Farmer

Continued from page B-1

But the closed-loop system used by Devine, along with his son, Mark, draws water from the aquifer at a much slower rate, since 90 percent of what is taken in is carefully cleaned and recycled back to the fish, so they can continue to thrive.

"The water goes through a settling system where the water slows down and the 'fish solids' fall to the bottom," Devine said. These solids are the fish excretions (bodily waste). The outcome: The oxygen in the water is replenished, the ammonia from the fish excretions is stripped, the solids are removed as noted, and any remaining harmful bacteria are killed. Bio-filters and ultraviolet technology are incorporated to help accomplish this overall result.

The 10 percent of fresh water needed from the aquifer is "make-up" water to offset the mere 10 percent that is discharged into the environment, having been cleaned to the point that the outside environment will be unaffected.

Devine, who worked for Canada's Ministry of Natural Resources, noted that while some "recycling" hatcheries clean the water before discharging it, their treatments do not lessen aquifer impact. Typical open systems that dump raw discharge into the environment pose a major hazard.

"Every Ontario government fish hatchery has a polluting factor of (that is, affecting) 20,000 peo-

ple," Devine said, referring to an assessment by biologist Gary Chapman, formerly with Ontario's Ministry of Natural Resources.

Devine left his government post in 1985, networked with others, improved the closed-loop technology and established a business called Fisherman's Cove. But Canadian authorities collided with tribal interests who wanted to build a new facility called Casino Rama. The wide highway paved expressly for the new casino vivisected Devine's land and destroyed the business.

Ever since, Devine has been laboring against often-hostile corporate, government and media forces to educate the public about this water technology—which could be improved upon even more to bring much healthier fishes to dinner plates, while drastically reducing both groundwater usage and the discharge of foul pollutants into the environment.

Furthermore, widely used baitfishes, such as minnows, could be raised in such closed-loop fish farms instead of being massively extracted from the environment by wholesalers and stored in holding systems with a high mortality rate, which means netting even more baitfishes to sell to recreational fishermen.

The government, said Devine, hatches gamefish to put into the lakes and rivers—instead of responsibly farming baitfish, populating the waters with them and allowing existing gamefish populations to find their natural balance. Meanwhile, gamefish raised in government farms are often fed with baitfish netted *en masse* from the oceans—all of which risks causing grave imbalances, shortages of fish (a major human protein source) and sharp price increases.

"To make a pound of [edible] fish, you need one and one-quarter pounds of baitfish," Devine said. ♥

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# Missouri Decision

Continued from page B-1

The FTCLDF has agreed to also represent Wisconsin dairy farmer Vernon Hershberger in his upcoming criminal trial for allegedly violating Wisconsin's food and dairy code.

"The trial was originally supposed to take place on Sept. 25 in Sauk County Circuit Court . . . but Judge Guy Reynolds has postponed the trial until Jan. 7 [2013]," noted a FTCLDF news release.

Among other things, Hershberger has been charged with "operating a retail food establishment without a license," and with "operating a dairy farm as a milk producer without a license." The court's ruling "could have a huge impact on the availability of raw milk for Wisconsin consumers," the news release added.

Raw milk producers and sellers nationwide, amid a patchwork of state laws that differ sharply, fight for the right to deliver their product to consumers, amid a growing awareness that raw milk contains critical enzymes and good bacteria to build the intestinal flora needed for proper digestion and to foster perhaps the best insurance for optimal health—a strong immune system. Pasteurization kills the good bacteria and enzymes.

Any kind of milk can be tainted or can spoil and sicken the consumer. Much depends on the sanitation practices in production facilities, yet the noted health benefits of raw dairy products could be more widely enjoyed to prevent illness and promote good health on a big scale if a fair marketplace is established without over-regulation. ♥

Mark Anderson is a longtime newsman now working as the roving editor for AFP. He and his wife Angie provide photographs and video of the events they cover for AMERICAN FREE PRESS. Listen to Mark's radio show on [republicbroadcasting.org](http://republicbroadcasting.org). Email him at [truthhound2@yahoo.com](mailto:truthhound2@yahoo.com).

## Whole Body Health And Preparedness

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# Old Folk Remedy Still Considered One of the Best

By Christopher J. Petherick

**D**o you suffer from chronic acid reflux? How about dandruff or dry skin? Believe it or not, a small amount of apple cider vinegar, taken orally or topically, has been shown to help these annoying afflictions with no side effects.

I write from personal experience. For years, I suffered from regular bouts of acid reflux that were painful and annoying. Sometimes the reflux was so bad, it made it difficult to want to eat anything. Switching to a diet of raw foods helped to a degree. But who wants to live on that alone?

Recently, I started taking two tablespoons of apple cider vinegar in a glass of water that's sweetened with a teaspoon of raw honey. Since that time, my acid reflux has almost totally disappeared. Only so often, when I overindulge in spicy foods, for example, does my acid reflux come back. But it's usually a mild case, and it goes away in a day or so.

Old farmers knew about the many benefits of apple cider vinegar. They swore by it as an energy drink they called "haymakers punch" or "switchel." The drink was first written about in the 17th century in the American Colonies, but it didn't come into its own until the early 19th century, when it was served by farmers around the country while out working in the field.

The traditional recipe for switchel calls for cool water mixed with two tablespoons of vinegar and a few pieces of ginger that have been finely minced. But there are many variations to suit one's taste, such as adding honey or maple syrup to sweeten the drink. Some people even throw in a handful of oatmeal to make a morning drink and give it a boost.

Applied topically, apple cider vinegar is a great substitute for shampoo, and it can even help with dry skin and dandruff.

It's best to get quality, unpasteurized apple cider vinegar that still contains the "mother," or the beneficial bacteria that develops during the fermentation process.

Also, some dentists recommend that, if you plan on drinking your cider vinegar drink every day, you do so through a straw to avoid damaging teeth.

Finally, if you do suffer from digestive troubles, it's best to check with your doctor before starting any new diet regimen just to make sure it's not something that requires medical attention. ♥

Christopher J. Petherick is the executive editor of AFP. He resides on a suburban farm in southern Maryland on which he grows his own vegetables and raises chicken and turkeys. He is also a practitioner of natural health remedies, preferring instead to avoid the prevalent use of over-the-counter pharmaceuticals.

## HEALTHY WEIGHT LOSS BREAKTHROUGH

# Almost Unbelievable!

*Special Discovery "cracks the code" on natural **FAT BURNING***

### I Love Advanced Apple Cider Vinegar Plus™!

"I wore a size 14-16 and could never find anything I liked. Advanced Apple Cider Vinegar Plus with Green Tea has changed my life. I am now 130 pounds and went from a size 16 to a size 4. I love it!" — Elaine S., Mantua, New Jersey



### Fit into my favorite dress again!

"Advanced Apple Cider Vinegar Plus with Green Tea really helped me when I was trying to achieve my weight loss goals so I could fit into my favorite dress. My program and these capsules keep me satisfied." — Pauline D., Woodsville, NH

### Wearing clothes I haven't worn in nine years!

"I am a true believer. I had tried so many different weight support supplements and none worked for me until I tried yours. I have been taking them for two years. I am wearing clothes I haven't worn in nine years. I'm very pleased. Thank you so much." — Saprana B., Tower City, PA

### Why this formula works even when others fail

What makes Advanced Apple Cider Vinegar Plus with Green

Tea unique is that it addresses the hidden reasons for weight gain.

**Hidden Reason No. 1:** Too many fat-producing enzymes - Your body contains special enzymes that turn glycogen into fatty acids and body fat. But if levels get excessive, you gain unwanted pounds.

**Hidden Reason No. 2:** Slow metabolism - If your metabolism is too slow, it takes much longer for your body to burn fat and you put on extra pounds.

**Hidden Reason No. 3:** Insulin imbalance - Many people are overweight due to insulin/blood sugar imbalances. But without enough insulin, your blood sugar will rise, you'll eat more, and you'll constantly feel hungry.

The great news is, Advanced Apple Cider Vinegar Plus with Green Tea addresses each of these unseen "fat builders" to supercharge your weight loss efforts.

### Here's what makes it so powerful

Advanced Apple Cider Vinegar Plus with Green Tea, available only at Botanic Choice, perfectly blends nine powerful ingredients for phenomenal weight loss support.

- Burns fat and reduces body fat... to maximize your weight loss efforts
- Ignites metabolism... so fat and carbs move quickly through your system
- Suppresses your appetite... to help you say "no" to sweets, fatty foods and carbs
- Boosts energy levels... so you can power through the day

It starts with a dieter's classic, apple cider vinegar, chock-full of nutrients for overall health and wellness. Add to that a potent green tea extract to **jumpstart metabolism, foster fat**

Citrin® is a registered trademark of Sabinsa Corporation

**oxidation and burn fat.** You'll be glad to know that Advanced Apple Cider Vinegar Plus also delivers high quality chromium picolinate to help **limit fat storage, metabolize glucose** and **enhance body composition** so you feel toned and fit. And if that's not enough, you also get a generous dose of Citrin®, an effective phytonutrient that's been extensively studied for its ability to **decrease appetite, increase fat metabolism** and **burn fat**.

If this exclusive formula contained only those four ingredients it would be amazing, but Advanced Apple Cider Vinegar Plus also delivers five more natural herbs and nutrients to maximize your weight loss and give your total health a super boost.

### Special offer for our readers

Arrangements have been made with Botanic Choice to give you an extra bonus bottle of Advanced Apple Cider Vinegar Plus with Green Tea FREE! If you're struggling to reach your weight loss goals, I urge you to try it.

Please HURRY! Your FREE bonus bottle is limited to available inventory and once the supply runs out, this offer may not be repeated. Try it completely RISK-FREE. That's how sure we are that it will work for you.

**IMPORTANT:** To take advantage of this limited time offer, be sure to mention the priority code below.

Call today, feel and look great tomorrow.

**Call Now. Toll-Free!**  
**1-855-868-3085**  
Priority code SBS12A

**Doctor Karen Yale —**  
"This one-of-a-kind formula is the healthiest way I know for you to lose weight"

Dr. Yale, D.C., C.C.N.,  
D.A.C.B.N., F.I.A.M.A.



These statements have not been evaluated by the Food & Drug Administration. These products are not intended to diagnose, treat, cure, or prevent any disease. \*Testimonials in this ad reflect one person's experience or are reflective of the type of testimonials received; individual results may vary. Best when combined with a healthy diet and regular exercise plan. Due to her unique specialization in vitamin therapy and clinical nutrition, Doctor Yale is provided compensation for her expertise.



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(570) 296-0214**

**About John Ellis...** The 82 year old inventor is a Choate School and Lafayette College Engineering graduate. At just 17 years old, he invented a scientific measuring device that is still used worldwide. After working as an Oil Well Engineer, a Design Engineer at Douglas Aerospace and Honeywell Engineer, he started his own business at age 30 and invented a switch that operates (on-off) within .0001 of an inch. Honeywell and Military/Industrial users say, "He's the only person that knows how to produce it!" Likewise, textbook science claim "You can't change water properties" but

**John Ellis HAS changed the properties of water ... for the benefit of all mankind!**



# John Ellis Water WATER CURES ANYTHING?

**Invented by Engineer John Ellis, High Solubility Water® "CURES ANYTHING"**

SCIENTISTS KNEW THAT WHEN JOHN ELLIS OPENED UP THE HYDROGEN BOND ANGLE IN ORDINARY WATER FROM 104 DEGREES TO 114 DEGREES, IT WOULD HAVE PHENOMENAL IMPLICATIONS IN HUMAN HEALTH (MEDICAL, AGRICULTURAL AND WATER PURIFICATION)! AT THE VERY LEAST, MAKING ORDINARY WATER PRODUCTS OBSOLETE BECAUSE THEY DON'T STOP DISEASE (even a city waste lagoon below)! THEY WERE RIGHT...THE RESULTS ARE IN!! WE ADVERTISED IN THE WASHINGTON TIMES, POPULAR SCIENCE AND NOW SMITHSONIAN BECAUSE THEY ARE READ BY THE WORLD'S TOP SCIENTISTS! THEY BOUGHT OUR ELECTRON 5 HOME MACHINE BY THE THOUSANDS INCLUDING FAMOUS SCIENTISTS THAT HAVE BEEN FEATURED IN POPULAR SCIENCE LIKE PRINCE SERGE GAGARIN (Yuri cousin) INVENTOR OF THE "SWEPT WING DESIGN" and 5 other patents assigned to United Aircraft (United Technologies). John Ellis became an Aerospace Engineer at Douglas Aerospace inspired by Igor Sikorsky (inventor of fixed wing designs and the helicopter) and his sons at The Choate School when John Ellis graduated in 1949! Jack Kennedy also graduated from The Choate School with Serge Gagarin! A man with homes in New York and Andorra bought several machines including one to present to Prince Albert of Monaco because our "water cures" are known all over the globe! \*(WP 1/27/92). When debunkers said: "Man will never fly!" Sikorsky said: "In aviation and science use the word impossible with the greatest of caution!"

NOW, AFTER BUILDING A BOTTLING OPERATION, WE OFFER FREE SAMPLES OF OUR WATER SO NOBODY CAN ARGUE WITH THE RESULTS i.e. Scientists measure the Hydrogen Bond Angle (113.8 degrees rounded off to 114 degrees) using a Tunneling Electron Microscope. A child can use fulvic acid (a nutrient) to see the Water Property change! LOOK AT THE EVIDENCE OF THE SUCCESSFUL RESULTS...the superimposed picture of the Gatehouse Entrance to our 418 acre \$100 million property on top of a mountain we bought overlooking the Delaware River that is being donated to further Cancer Research! The machines make "light" distilled or "light" tap water with the same health benefits! WATCH THE VIDEO! After stating: "An otherwise respectable science magazine...", a former "Chem1" prof was told to REMOVE his website University picture and STATE "His Chemistry courses are NOT endorsed". Scientists also debunked him point by point! UCLA MEDICAL SCHOOL PROFESSOR years ago: "We can measure the ability of Blood (94% water) to go through a membrane into the cells to the

extremities. Nothing is even close to your water! Your Hydrogen Bond Angle is 114 degrees!" i.e. Diabetics. Regulators let us use this because they can measure Blood Flow non-invasively on the SKIN (Doppler Ultrasound)! ONCOLOGIST (our website): "I just retired from Sloan Kettering after 30 years. I no longer have access to your machines. Send me an E51" Who would know better than Elmer Bobst, founder of Warner Lambert (Lipitor) now Pfizer, The American Cancer Society and what his world famous friend, CIA

Operative and Director of Sales Baron Otto von Bolschwing said at social gatherings at the home of John Ellis 50 years ago: "Millions of people will get cancer as soon as a MIXTURE of Drugs and latent Disease markers are flushed into the ground water! Ordinary water products are useless! The only home product that will work must 1) Change the Properties of water and 2) Subject water to intense ultraviolet radiation and heat 100's of times per gallon (NOT ONCE!!)" Watch the machine operate! You can see that's what he has done!! THEY WERE RIGHT! The mixture of 57 Drugs flushed into ground water aquifers that are now found in our spring water, bottled water and well water have spread to our municipal water systems (Associated Press 3/10/08)! AGRICULTURAL: DOLE FOODS. 9 months of testing with a 7 page contract (on file). PICTURES of root growth 6 TIMES that of any other water (with a wider Bond Angle, water goes through the fibrous membrane easier)! THOUSANDS of wells have been done with ONLY 10 gallons of water (usually lasts for years)! Hydrogen can power your car. You can release the POWER of hydrogen on even huge volumes of water! PUBLISHED PICTURES: Corn 22' high, 28" ears! \*WASHINGTON POST Investigative Article 1/27/92: "10,000 people/day went to Mexico for months, Said to cure anything, Curative Power results in movements of water etc". Mexican Patent 239719 (the patented "movements" but not the results i.e. the proprietary Bond Angle change). WATER PURIFICATION: We have the ONLY home water product that can MAKE PURE WATER (Lab Standard: Pure Water is 0.1 ppm). YORK LABS MACHINE TESTS (our website): "less than" 0.07 ppm! 827 times purer than the local tap water. The largest selling home distiller only 9 times purer (we just started in business). CORNING: "Your water tests using Start-Stop boiling to lower steam velocity are better than ours!" MUNICIPAL: "Untreatable" e-coli waste lagoon (works on your septic), \$10,000/day in State fines. Saved taxpayers millions (Town letterhead). A major city didn't need expensive chemicals that get into the ground water (both on our website)!

## **STANDARD WATER TESTS DON'T TELL YOU WHAT IS IN YOUR WATER!!**

**One major city (41 million people): 57 drugs in the tap water! (AP 3/10/08)  
Drink a mixture of 57 drugs every day the size of a tiny Lipitor® pill??**

**Watch an online video of John Ellis, 82 yr old Inventor**  
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